

Quick Guide

Caregiving Referral Info

family
caregivers



Phone: 863/603-9110 Fax: 863/603-9114

Email: info@polkcaregivers.org

**information correct as of 5/11*

Information

CARES Prescreen Unit (for institutional placement)	680-5584
DCF (Economic Entitlement Programs)	1-866-762-2327
Elder Helpline & Shine	1-800-336-2226
Florida Division of the Blind	499-2385
Gulf Coast Alzheimer's Association	292-9210
Medicare Information	1-800-633-4227
Seniors vs. Crime	413-3000
Social Security Administration	683-0611
Polk Family Caregivers Helpline	603-9110
Polk County Health Department	413-2620
Polk County Elderly Services (intake homecare)	534-5320
Polk County Elder Services (general)	534-0315
Polk County Weatherization for Disadvantaged	533-0015
Polk County Veterans Services	534-5220
United Way Referral Information	211

Abuse

Elder Abuse Reporting Hotline	1-800-962-2873
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Aid

Catholic Charities	
Lakeland	686-7153
Winter Haven	299-7983
Center for Independent Living	413-2722
Disabled American Veterans	687-4885
Frostproof Care Center	635-5555
Help of Fort Meade	285-6600
Lake Wales Care Center	676-6678
Salvation Army - Lakeland	682-8179
Volunteers in Service to the Elderly	284-0828
Wimauma Family Center	813-633-8489

Alcohol/Drug

Alcoholics Anonymous	687-9275
Al-Anon	687-3800
Drug Helpline	800-662-HELP
Narcotics Anonymous Helpline	683-0630
Tri County Human Services	709-9392

Durable Medical Equipment

Volunteers in Service to the Elderly	284-0828
Center for Independent Living	413-2722

Memory Diagnosis Units

NursesOnCall Memory Unit	294 -7848
Lakeland Hospital Memory Disorder	687-1041
Suncoast USF Alzheimer's Center	813-974-4355
USF Memory Screening and Psy Disorder	813 974-8900
Gessler Clinic	294-0670
Watson Clinic	680-7000

Caregiving Classes

Alzheimer's Association	292-9210
Polk County Family Caregivers	603-9110

Crisis/Disaster/Emergency

American Red Cross	294-5941
Peace River Crisis Line	519-3744
Special Needs Emergency Shelter Registration	534-5600
Tri-County Human Services	709-9392

Dying/Grief/Bereavement

Good Shepherd Hospice	1-800-544-3280
Cornerstone Hospice	295-7909
Hope Hospice	1-800-835-1673
Compassionate Care Hospice	1-877 494-3219

Food Assistance

Angel Food Ministries	644-9714
Agape Food Bank	665-7074
Food With Care	736-3057
Meals on Wheels	299-1616

Insurance

Florida Kid Care	888-540-5437
Lakeland Volunteers in Medicine	688-5846
Polk Healthcare Plan	534- 5387
SHINE Medicare Info	1-800-336-2226

Legal Aid

Legal Aid Bartow	519-5663
Florida Rural Legal Services	688-7376

Prescription Programs

Freemedicinerevolution.com
CanadaDrugs.com
Needy meds.com
Pparx.org
TogetherRxaccess.com
Publix.com/wellness
Tri County Pharmacy (non-profit)
Walgreens.com
Walmart.com/pharmacy

Support Group Listings

Alzheimer's Association	292-9210
Polk Family Caregivers	603-9110

Transportation

Citrus Connection	688-7433
Division of Motor Vehicles	499-2323
Handy Bus	688-5438
H&H Transport	859-9711
Polk County Transit	534-5500

Utility Assistance

Lakeland Electric—Project Care	686-7153
Polk County Elderly Services	534-5320

Internet Caregiver Support Resources

Administration on Aging: www.aoa.gov/alz
Mayo Clinic: www.mayoclinic.org/alzheimers-disease
National Institute on Aging: www.nia.nih.gov/alzheimers
ADEAR: www.alzheimers.org
National Alliance for Caregiving: www.caregiving.org
National Family Caregiver Association www.nfca.org
Family Caregiver Alliance: www.caregiver.org
Florida Family Caregiver Alliance