Ideas to Make Dressing Easier

Sometimes the simple task of dressing your loved one can be a challenge. Here are a few suggestions that we have found to help:

- Purchase elastic-waist pants
- Try shirts with fewer or no buttons
- Try a camisole instead of a bra
- Try velcro-closure or slip-on shoes
- Sew velcro onto shirts and pants to avoid use of buttons and zippers
- Try providing skirts for women; they can be easier to step or slide into than pants
- Discreetly get rid of clothes that increase frustration
- Ask your loved one what his or her favorite outfit is, and determine why; find clothing that is similar
- If you find something that works, buy several!